Nov. 13, 2008 U.S. Army Garrisons Vicenza & Livorno www.USAG.Vicenza.Army.Mil

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Mak Sharks are back in the water



SETAF Lions tie with ASD Setteca

Sports shorts

Book, documentary to focus on 2-503rd

'From a Soldier's point of view'

Story and photo by Gary L. Kieffer Outlook Staff

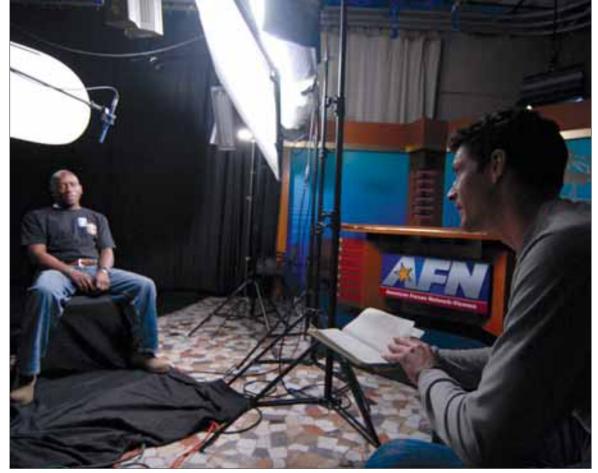
"We wanted to show what it's like to be an American Soldier, (deployed) in one of the most dangerous places on earth. This was going to be from a Soldier's point of view," said Sebastian Junger, Contributing Editor, Vanity Fair magazine and best selling author of *The Perfect* Storm.

along Junger, with photographer Tim Hetherington, were on Caserma Ederle to conduct interviews with members of 2-503rd Battalion, 173rd Airborne Brigade Combat Team for an upcoming book and full-length documentary film.

"This story is told from the Soldier's perspective. We wanted to present an apolitical, small picture of the war," said Junger. He first travelled to Afghanistan in 1996 and it "captured (his) heart." The idea was to document the 173rd ABCT from their deployment in June 2007, through their return home.

"This was my first embed. I was amazed and impressed with the Soldiers of Battle Co., with all the 173rd," said Junger.

Although he had covered conflicts in the past, Hetherington wasn't prepared



Master Sgt. LaMonta Caldwell is interviewed by Tim Hetherington for an upcoming book and documentary.

for the events as they unfolded for them in the Korengal Valley of Afghanistan.

"I thought we'd be having tea with village elders, sometimes running into some shooting," said Hetherington. "I didn't Hetherington. expect what we ran into.

"We were ahead of the curve in the conflict and with a group of Soldiers that were in the thick

of it," he added. "We became the 'official' biographers for the unit. (Lt. Col. William) Ostlund and the other commanders entrusted us with telling their Soldiers' stories," said

The Soldiers of 2nd Platoon soon began to trust the journalists as they slogged through the mountains together. "In the end

we all became friends," said Junger. Hetherington said he was intrigued by the conflict and became emotionally involved with the Soldiers.

Hetherington's photograph of Spec. Brandon Olson, after a firefight with the Taliban insurgents in the Korengal Valley, won the World Press Photo of the Year award in 2007.

Army Family Covenant

Building teams, solving problems

USAG Vicenza DFMWR News release

what's going on in the Vicenza community.

"The AFC offered the Army Community Service the opportunity of having a full-time employee who could focus on the programs for the wellbeing of the community" said Frannie Packard. acting Army Community Service Director.

"AFTB focuses on helping military families survive and thrive in the Army, with a mission knowledge, skills and behaviors" said Rose Holland, AFTB and AFAP Program Manager.

AFTB courses are designed to prepare Soldiers and families to move throughout the changes

within the Army by offering \$50,000 to \$450.000, Basic three different levels: for Allowance for Housing newcomers in the community increased by 11-percent, Army To gauge the emphasis the and in the Army, for emerging Emergency Relief grants in Army Family Covenant puts on leaders or those who want to overseas locations to assist with supporting the families of enhance their communication Soldiers, just take a look at and management skills, and for those who want to develop the skills acquired with Level I and II in order become a mentor and manage home or work conflict.

"AFTB courses are also available online through www.myarmylifetoo.com. If you are an active duty Soldier you can earn promotion points, and if you have children, AFTB will also provide free childcare" said Holland.

AFAP is a program designed to educate and train in to listen to Soldiers and families and coming up with solutions to fix any problems.

> Some of the changes that occurred thanks to AFAP are: Service members' Group Life Insurance increased from

financial aid for spouses, Family Separation Allowance was increased from \$75 to \$100 per month, Army Family Team Building and Better Opportunities for Single Soldiers were born.

"Without the Army Family Covenant, these changes couldn't have occurred so quickly and drastically," said Holland.

"Soldiers and families wouldn't have an opportunity to become mentors and examples of leadership within the Army and community" she added.

Let your voice be heard at the next AFAP Conference in February 2009. For more information call Rose Holland at 634-7500.

Movers & shakers

Community invited to meet the mayors

The entire Vicenza military community is invited to meet the mayors Friday, Nov. 21. The Arena is the site for the first-ever information fair with Italian mayors from many of the nearby towns you live in and like to visit.

Learn about the services, culture, history and festivals in your area. You'll be able talk in person to some of the local movers and shakers of our host nation. Fair hours are 10:30 a.m. to 12:30 p.m.

AAFES adds more brand names to men's section

Samantha Smith Outlook Volunteer

A customer recommendation made to the AAFES and Commissary Council resulted in Caserma Ederle's exchange adding additional lines of name brand clothing to the men's department.

"That was an issue brought up at one of our meetings," says store manager Sandy Moriarty, "and we have gotten in more of a selection for young men."

These include name brands such as Volcom, Southpole, Rocawear, Razer, Paco, X Ray, Vokal and others.

Moriarty said buying according to brand-name is

popular in the young men's age group.

Although Moriarty has some control over the merchandise the store receives, AAFES headquarters in Dallas maintains store profiles according to the size of the store and demographics of the post.

"I can say I want certain dollar amounts in 'young men's' but not the specific brands," said Moriarty.

The young men's items always sell well, according to Moriarty, in part because it may be the only shopping option for some Soldiers.

"It's a convenience issue," said Pfc. Travis Stark, who shops at the PX, "since it's walking distance to my room."

(Right) Pfc. Travis Stark checks out some of the new merchandise in the men's section of the post exchange.





Vicenza Middle/High School principal Lauri Kenney (left) goes over some sport events with Garrett Burton, VMHS Athletic director.

Story and photo by Laura Kreider Outlook Staff

Establishing a positive relationship between teachers, parents and students is one of the main objectives of every school.

This is especially so on

Caserma Ederle for the new Vicenza Middle and High School principal, Lauri Kenney.

"Getting involved with the teachers, parents and students is one of my goals here in the Vicenza community," said Kenney, who has been working for the Department of Defense for 16 years.

"Especially here, because of the return of the troops this August," said Kenney, "not only are Soldiers reintegrating into the community and into the families, but also into the school."

It was in summer camps while a teenager when it dawned on her that teaching would be in her future.

"What got me interested in education was the fact that I enjoyed the summer camps I worked at for the hearing impaired," she said.

"That's what got me interested in teaching – because I enjoyed working with them, and learning from them and teaching them as a teenager," she continued.

"I love teaching because I love being with the students. I absolutely love being in a school. I just like all the excitement in the building," she said, as noise from students practicing

volleyball in the gym punctuated her remarks.

Kenney also thinks that learning is a lifelong experience.

"I have a son who went to Washington State University and I have a husband who retired from the Navy after 30-years and went back to school this year. Education is important in our family, no matter what age, education is important," she highlighted.

In addition to working, Kenney enjoys traveling, spending time with family and friends and reading.

"I like to read, I am curious and I like to learn new things. I just enjoy doing new things and exploring new places," she added.

As the new principal, Kenney encourages parents to come into the school, visit the classrooms, make appointments with teachers and come to lunch.

"We want to make the school the center of attention. We don't have housing on this post, so we should bring things to the school, so students and parents are comfortable," she added.

"That's what's important. Sometimes the school is the only consistent thing in the students' lives because of deployments, work schedules and living overseas. School becomes a part of their family, an extension of their support system," Kenney said.

Kenney arrived in Vicenza in late August from Heidelberg High School, Germany, where she was an assistant principal. Her teaching career began in 1992 at Nile C. Kinnick High School, Yokosuka, Japan and continued with transfers to Naples Middle and High School, Lajes High School in the Zaores and at Giessen Middle and High School in Germany.

Speak

Michael Meyers Family Member

Il Fauno's, first time eating a whole shrimp and lots of memories of talking with the people outside.

What is your favorite off-post restaurant?



Matthew Regan **Systems Administrator**

Sagas during the summer months, especially on weekends. Their tons of fun.



Donatella Zanotto Administrative Assistant

La Morejeta because it's super-nice restaurant with excellent food.



Samantha Price **Family Member**

In Hong Kong I have amazing memories of the Lion Lemon, Oliver Orange and pork-fried



Administrative Assistant

Biasio, for its classy atmosphere and terrific food.

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How are we doing? Tell us with ICE

USAG Vicenza Plans, Analysis and Integration office Press release

The Interactive Customer Evaluation (ICE) system is a web-based tool for collecting feedback about the services provided by various organizations throughout the Department of Defense, according to Nino Hill, Customer Service officer for the garrison.

"On Caserma Ederle, ICE enables the garrison to collect comments about products and services offered, so that those services and products may be improved upon to meet realistic customer expectations," said Hill. "Through the use of ICE comment cards, an exchange of concerns, statements and recommendations is shared between the individual user and the service provider managers.

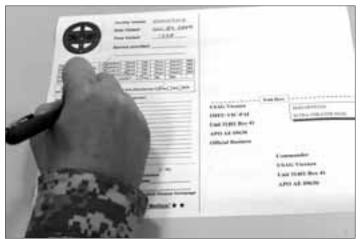
"All of the standard ICE questions are designed to provide insight into overall customer satisfaction," continued Hill. "This is designed to rate the customer's total experience. The results of these questions are used to determine the satisfaction percentage displayed on the reports. The overall satisfaction also

determines whether or not a service provider manager receives a satisfied or dissatisfied comment card submission e-mail from ICE."

The customer management services office gathers and analyses this data to make information available for leadership and service providers to use. ICE compliments the efforts of the garrison's monthly Information Exchange (Info X), the year-round Army Family Action Plan process, the customer management service and the commander's monthly Up Front AFN radio show.

The customer service officer or installation ICE site manager tracks the ICE system and works with program managers and community members to identify trends that are reported to the garrison commander and senior staff. Issues that impact a group and cannot be managed at the program manager level may be elevated as a potential issue for consideration by the Army Family Action Plan or forwarded up to garrison or regional leadership.

The customer section of the ICE system is located at: http://ice.disa.mil/index. cfm?fa=site&site_id=321



Customer comment cards like this will soon be available in many locations on post. (Outlook file photo)

Working toward wellness

Massage therapy helps work out physical, mental kinks

Story and photo by Diana Bahr

USAG Vicenza Public Affairs

"It is a nice way to end a week, especially if you just need an hour or so of quiet relaxation," said Amy Kerksick, a fitness instructor and personal trainer at the USAG Vicenza fitness center.

What relaxes Kerksick? A visit to Terri Crowder - certified massage therapist. Kersick, or anyone in the Caserma Ederle community, can pick from three massage therapists contracted to work on post through the fitness center: Crowder, Shanda Holley and Franca Furlan.

"I try to get a massage at least twice a month, if not more," continued Kerksick. "I believe that massage helps aid in circulation and is a great way to get the kinks out if you are sore, tight or just stressed."

"I went to school for massage therapy in Westwood, NJ," said Crowder, who has offered massage therapy at the fitness center for the past year. "I am nationally certified in therapeutic massage and bodywork. Recertification is required every four years, in which you have to meet continued education and handson requirements."

But massage therapy is not just for the fitness set, according to Bess Wills.

"Massage has been a part of my fitness plan since recovery from cancer surgery," said Wills, a teacher at Vicenza Elementary School. "I have had several types [of massage therapy] from Japan to Italy and in the U.S, as well as visiting spas and medically-related treatments," she added. "I recommend massage to everyone I know as a part of



Terri Crowder applies pressure to the back of a client during a massage therapy appointment. Appointments are available in 30, 60 and 90 minute increments and prices are \$20 for half an hour, \$40 an hour and \$60 for 90 minutes. Clients are seen upstairs in the fitness center. To book a massage, pick up a card from one of the massage therapists at the fitness center front desk; book the appointment directly with the therapists, but pay at the fitness center the day of the appointment.

becoming more aware of one's own body and learning to listen to it."

All of our massage therapists are certified through a massage therapist school, according to Joe Reeder, USAG Vicenza aquatics program manager. We only accept the original copy of certification and they must have have proof of insurance, current CPR and first aid certification, and valid NAF contract, he added.

Shanda Holley, another of the massage therapists on post, has been practicing massage therapy for eight years and is certified through the *Comitato Olimpico Nazionale Italiano*, the national sports federation of Italy.

"I also am certified through the SURYA International School of Yoga and Ayurveda Indian medicine," she said. In addition, Holley is a health coach and nutritionist through the *Libera Università Italiana di Naturapatia applicata*.

Both Holley and Crowder offer numerous types of massages from the usual and most well-known Swedish massage and Shiatsu, to aromatherapy, hot stone, deep tissue and Reflexology.

The third massage therapist, Furlan, has been working on Caserma Ederle for six years.

"I think one of the best benefits of a massage is to realize that you have a body and to listen to it," said Furlan. "Your body will tell you when you need to relax and give yourself a breather. It's a good way to take care of ourselves."

Massage therapy appointments are available in 30, 60 and 90 minute increments and prices are \$20 for half an hour, \$40 an hour and \$60 for 90 minutes. Clients are seen upstairs in the fitness center. The massage room will be relocated in December and the new location will be announced soon.

To book a massage, pick up a card from one of the massage therapists at the fitness center front desk; book the appointment directly with the therapist, but pay at the fitness center the day of the appointment.

The Outlook

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At your service

Human Resources

Romina Chemello works for the Directorate of Human Resourses as an administrative services management assistant. Part of her duties include form management, which cover design and review if a form needs to be changed. She does local forms such as those for the garrison and SETAF.

"It's a very friendly environment and I like the people here, it's not like the bigger work places. If I worked off post I wouldn't speak much English," said Chemello.

"She converts our SETAF and garrison forms to PureEdge from the older Form Flow program," said supervisor Richard Hendrickson. "Part of her duties are to update SETAF forms and assist with publications."



Romina Chemello
Directorate of Human
Resources

Community events

Red Ribbon week promotes drug-free teens

Project TRUST shows alternatives

Story and photo by Laura Kreider Outlook Staff

Vicenza Elementary students completed the decoration of their class door as part of the 6th grade drug-free/Red Ribbon campaign. On Oct. 30 a prize was presented to the winning class.

One of the participants in the competition, Maddie McKeever said that it was fun to work on this project. "The purpose is to be drug free and the door decoration was done in red because it's Red Ribbon Week." she explained.

Cristina Buffington and Segun Awe, both 12-graders and Project TRUST members, acted



as judges. "We judged a total of eight doors based on five categories including colorfulness, slogan, creativity, neatness and the best overall," said Awe.

"It was a pretty tough picking one door, because everyone looked good," he added.

Story and photo by Laura Kreider Outlook Staff

Kyle Kaus participated in a bowling game held at the Arena Oct. 31 for Middle and High School students as part of the Project TRUST drug-free/Red Ribbon campaign.

"This year Project TRUST, Teens Reaching Understanding Support Teens, a program under Adolescent Substance Abuse Counseling Services, planned Red Ribbon week to show that, together, people can make a difference," said Judy Crow, Adolescent Substance Abuse counselor.

Crow explained how the week started with community members signing a pledge uniting for a drug-free youth after church services. Students in



preschool and kindergarten classes played Yum Yum Yuk Yuk which taught youngsters what is healthy to eat and what

There was a door decorating contest among the 6-grade classes, where students showed their creativity in creating themes, facts and information to promote a drug free community.

"Project TRUST ended the week with a fun drug free activity of bowling at the Arena. Teens who bowled spares and strikes received a variety of giveaways with drug-free themes," Crow said.



The weekly TRIAD meeting of the Vicenza Warrior Transition Unit with the local medical personnel. (L-R) Staff. Sgt. Conrad Begaye; Staff Sgt. Marco Ortizhaemaker; Kellena Miller, RN, BSN; and Dr. (Lt. Col.) D. Bruce Beech from the Vicenza Health Clinic. Venna Bahalla, Social worker was not available for the photo. (Photo by Gary L. Kieffer, Outlook Staff)

Warrior Care Month

Europe Warrior Transition Units continue to grow

European Regional Medical Command News Release

Heidelberg, Germany -Warrior Transition Units in Europe have made great strides in coordinating the recovery, rehabilitation and reintegration of wounded warriors since the WTUs stood up officially in January 2008.

"We meet the needs of Warriors in Europe differently than the rest of the Army, since we don't operate from large installations like there are in the states," said Lt. Col. Tom Axtman, who commands the Heidelberg-based Warrior Transition Battalion that coordinates the WTUs.

Heidelberg, and two in Bavaria families have access to all of the – in turn coordinate community based programs in their area.

For example, the Bavaria WTUs have platoons based in Schweinfurt, Bamberg, Grafenwoehr, Vilseck, Hohenfels, and Illesheim/ Katterbach.

The Vicenza WTU is considered a sub-unit of the Kaiserslautern-Landstuhl WTU.

In all, the program synchronizes and supports the needs of Warriors and their families across 13 communities in three countries. As of Nov. 7, there were 340 wounded Warriors assigned to the WTUs.

"It is quite a challenge, but we

Those units – located in are all committed to seeing that Vicenza, Kaiserslautern, our wounded Warriors and their support services available to them," said Axtman.

> The way ahead includes creating a Europe-wide Warrior Senior Executive Working Group reaching across from garrisons to units to medical facilities. Axtman said the group will help everyone in the command who plays a role in supporting Wounded Warriors and their Families to coordinate efforts and reduce communications barriers that might otherwise get in the way.

Department of Defense-wide information is available at the new Warrior Care Web site at www.warriorcare.mil.

Benefit concert

Presented by USAG Vicenza in support with the Combined Federal Campaign-Overseas

An hour of classical opera performed by musicians from Conservatorio Arrigo Pedrollo a Vicenza

*100 percent of proceeds from this charity event will be donated to USAG Vicenza military community through the Combined Federal Campaign-Overseas Family Support

and Youth Program

- * Concert will be held at the Soldiers' Theatre, Nov. 22, 7 p.m.
 - * First-come, first-served only, as limited seating is available.

at the door

- * Refreshments will be served during intermission
 - * For more information call

Maria Marcantonio, 634-7648



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Community events

Lending helping hand during holidays



Elizabeth Speck, delivers a Thanksgiving meal to a military family in need. A list of needed items to donate is located at the commissary. (Photo by Joyce Costello, USAG Livorno Public Affairs)

By Sgt. Ryan Hall AFN Livorno

Across Europe military families are getting ready to celebrate favored American traditions. But, the upcoming holiday season is not necessarily a good one for military families suffering financial hardship, according to Elizabeth Speck, Camp Darby Army Community Services financial readiness program manager.

"The Joint Services Family Assistance Workshop has found that many individuals entering boot camp are carrying \$6,000 to \$12,000 of unsecured debt," explained Speck.

"During this holiday season, Community members donate boxed (instant) potatoes, boxed stuffing, canned green beans, cranberry sauce, canned sweet potatoes and gravy to help lessen stress of those military families who are struggling to get their financial lives back in order."

Speck adds that there is a box

set up at the commissary for donations and that it's important that no perishable goods items are added to the box.

These donations represent just part of a post-wide effort to ensure that all Camp Darby families enjoy a complete Thanksgiving dinner.

U.S. Army Garrison Livorno Command Sgt. Maj. Felix Rodriguez stated "giving is not just rewarding, but also an obligation for those of us with the means to do so.

"Last year, Camp Darby ACS donated meal items to 21 military families, nominated from various post units," said Rodriguez. "When you give, you get internal satisfaction and in the spirit of the holidays we are helping our brothers and sisters in arms; besides it's the military way to look after each other."

Another program community members can take advantage of is the Angel tree which will be set up in the PX square during the community tree lighting ceremony Dec. 5.

Darby ates

Military Family appreciation celebration

Join us as we honor distinguished Camp Darby families that contribute so much to the community at 3 p.m. Nov. 19 at ACS. Call 633-7084.

Karaoke Night at DCC

Stop singing in the shower. Starts at 6 p.m.Nov. 20. Call 633-7855.

Volunteer knowledge

Stop by and join the ranks and add your skills to Team Darby. Class begins at 11:30 a.m. Nov. 21.Call ACS at 633-7084

Parent's Night Out

Spend an evening without the kids, Nov. 21. To participate in Parents Night Out, you must register by Nov. 18. Call CLEOS 633-7681

Christmas shopping

With over 100 stores at the *I Gigli*mall, you're sure to find what you're looking for Nov. 22. Call ITR 633-7589.

Discounted city sightseeing tickets

Discover the wealth of history of Italian cities on board the "Hop-on Hop-off" buses. Get on and off as you want. Discover the cities of Pisa, Florence and Rome at savings up to \$4.00 per person. For information call 633-7589.

Holiday bazaar

Why fight the crowds and parking? We'll bring everything to you at Camp Darby on Dec. 5. Find gifts for everyone on your Christmas list. Call ITR 633-7589

Darby Community Club

Tickets are on sale now for the **Thanksgiving Feast** at the Club. Space is limited. Last day to purchase tickets is Nov. 14.

FRG essentials

Part II FRG essentials discusses compassion fatigue. Class held at Global Credit Union beginning at noon, Nov. 18. Call ACS 633-7084

Single Soldier/Airman Thanksgiving meal

Stop by, pick up a plate or eat in. RSVP at 633-7084.

Camp Darby thins pines in park

Trees cut to ensure safety

Story and photo by Chiara Mattirolo

USAG Livorno Public Affairs

In Italy, fall is often marked by strong winds, torrential rains and flooding. This can make for a dangerous landscape, according to Chiara Chelossi, U.S. Army Garrison Livorno Safety specialist.

"On Nov. 4 an Italian teenager in Rome was killed when an Aspen tree fell on him during a storm," said Chelossi. "All trees have a natural life span and some of the pine trees in Camp Darby have reached their life cycle of 70-80 years."

USAG Livorno Commander Lt. Col Steven Cade wants community members to be aware of the potential dangers of seeking shelter under the ancient pine trees on Camp Darby during bad weather.

"When these local pines reach the end of their life cycle, they became weak and natural agents such as wind, rain and low temperature can harm their stability," explained Cade.

"There is currently a plan in place that has identified those trees that are at the end of their life and we are working closely with the proper authorities," he added.

"The natural park authority is responsible for all the decisions concerning the fauna and floras in the park area and we constantly work with them to the best respect of the nature," said Italian Army Warrant Officer Riccardo Brayon, Italian base command. "The park authorities conducted a 10-year study to cut down all the old trees and to replant with new ones."

According to engineer Giuseppe Carra', USAG Livorno buildings and grounds division chief, "there are 115 trees deemed at the end of their life cycle and marked with a white circle, but the first trees targeted for cutting have a crossed circle and are close to populated buildings."

For every tree cut down, two new ones are scheduled to be planted in its place.

"This challenging project might seem a loss from a first look, but it is absolutely necessary to cut these old trees to allow the growth of new, young ones that will be with us for the years to come," added Col. Raffaele Iubini, Italian base commander.



Pine trees on Camp Darby with a crossed circle were slated for the first removal beginning Nov. 6. Community members are advised to not seek shelter under these trees during storms as they may become unstable due to advanced age.

Beer, wine, rally cars, concerts in upcoming weeks



Wine tasting at Villa Sandi

Story and photo by Lourdes Fernandez Outlook Volunteer

Members of the Caserma Ederle community learned about wine production at Villa Sandi in the Valdobbiadene region recently.

Even though Prosecco, a sparkling wine, is the best known product from

that area, the group was able to taste and purchase some red and white wines also produced by Villa Sandi.

The group went as part of an ITR trip that included transportation and a tour of the winery.

The next wine tasting is Jan. 28, and participants will learn about the Recioto and Amarone wines of Soave. Call 634-7094 for more information.

Birra nostra (Beer Festival), 2nd edition, Nov. 14-16, Rovigo, about 55 miles south of Vicenza. Major Italian and Belgium beer producers. Sample many different kinds of local and international beers; music and games. Fri 3 p.m. – 11 p.m.; Sat 10 a.m. 11 p.m.; Sun 10 a.m. – 10 p.m. Entrance fee: 5 euro

Rally – Car show, Nov 22, 08 – Mar 15, 09, in Romano d'Ezzelino, Via Torino, 2. 26 miles north of Vicenza. Racing cars from the 70's until present day. Mon – Sun 10 a.m. – noon and 2:30 p.m. – 6:00 p.m. Admission fee: 6 euro.

Tuttinfiera Exhibition, Nov 15-16, in Padova, Fiera, Via N. Tommaseo, 59. Christmas gifts ideas; exhibition of health and beauty products; certified gluten free products; antiques and collectors items; coins and stamps; photo exhibition and new and used photographic equipment sale. Admission fee: 5 euro Sat 9 a. m. -10 p.m.; Sun 9 a.m. 8 p.m.

Movies in English

Nov 10: at the Odeon Theater in downtown Vicenza, Corso Palladio, 176. Tickets: 6 euro. Times: 5 p.m., 7 p.m. and 9 p.m.

The Odeon will be featuring movies in their original language (English) through the winter. To check their check their movie schedule, visit www.mymovies.it/cinema/vicenza/6217/

Free concerts, exhibits and classes:

Nov. 13 - 23, 9:30 a.m. – 12:30 p.m. and 3:30 p.m. – 7 p.m. *Emotions in colors*, in <u>Vicenza</u>, Palazzo delle Opere Sociali, Piazza Duomo, 10. , Corso San Felice, 362.

Nov. 13 - 23, 7 p.m. ¡*Hablamos!*, Italian-German center, in <u>Vicenza</u>, Viale della Pace, 98. Intermediate Spanish conversation.

Nov. 13, 7 p.m. Butch DJ-Mokassino

Sound, Live music, in <u>Vicenza</u>, Il Borsa Caffè, Piazza Signori, 26.

Nov. 15, 8:45 p.m. *Choirs in Concert,* in Marola, parish church, Viale della Vittoria, about 5 miles east of Vicenza.

Nov. 15, 9 p.m. *Blake Band Cover Pearl Jam*, in <u>Vicenza</u>, Bar Sartea, Corso San Felice, 362.

Nov. 15, 5 p.m. *Conservatory students in Concert*, in <u>Vicenza</u>, Santa Chiara Chapel, Contrà Santa Chiara.

Nov. 15, 9 p.m. *Jam Session of Rock*, in <u>Dueville</u>, Barchessa Oratory, Piazza Monza, about 10 miles north of Vicenza.

Nov. 16, 9 p.m. *Polga-Valente Jazz Trio*, in <u>Vicenza</u>, Bar Sartea, Corso San Felice, 362.

Nov. 17 - 29, Mon - Sat, 7 a.m. - 7 p.m. *Hennè Art*, in <u>Vicenza</u>, Fashion Caffè, Contà Mure Pallamaio, 8. Hennè body decoration technique photo exhibition.

Nov. 18, 8:30 p.m. Explore the sky, Astronomical Observatory of Arcugnano, Via S. Giustina, 127 – about five miles south of Vicenza. View the sky and the planets in great detail with the observatory's telescope.

Nov. 19, 9 p.m. *Rock/Country/Trash* from *Dodge City, Germany*, in <u>Vicenza</u>, Bar Sartea, 362.

Upcoming concert and sport events: Gymnastics - Grand Pix in Milan, Nov.

Randy Newman, in Bologna, Nov. 25; Tracy Chapman in Milan, Nov. 28; in Rome, Nov. 29, in Florence, Dec. 1;

Morbid Angel, in Milan, Dec. 9 and Padova, Dec. 11;

Winx on Ice (musical), in Milan Nov 6-9; Nov 15-16 in Genova; Nov. 22-23 in Bologna; Nov 29-30 in Florence; Dec. 6-7 in Trieste and Dec. 13 in Padova; Tickets available from your local box office or online at www.ticketone.it.

Snowboarding, more

ITR Trips ITR hours change

ITR hours have changed to meet community needs. We are now open an hour earlier during the week and closed Saturday through Monday. Our new operating hours are Tues-Fri 10 a.m.-6 p.m.

Discover Bologna

Discover Bologna with ITR Nov. 15. Attendees will receive a guided tour of the city and have free time to explore, dine and shop.

Palladian journey

Visit Villa Barbaro and Asolo and receive a guided tour of the villa with free time in Asolo, Nov. 18. Cost includes transportation and ITR trip assistant.

Adults night out

Enjoy an evening out in Padova, Nov. 21. Attendees will

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receive an aperitivo. Contact the CDC for child care at 634-7219.

Visit Innsbruck

Visit Innsbruck with ITR Nov. 22 from 6:30 a.m.–10 p.m. Cost includes transportation and a guided tour.

Discover Tuscany

Visit Lucca's antique market with wine and olive oil tasting, Sunday, Nov. 23 from 6:30 a.m.— 10 p.m.

Thanksgiving lunch

Enjoy your Thanksgiving at Ca' Bruzzo, Nov. 26, 11:30 a.m.– 9 p.m. \$75 per person.

ODR trips and classes

Paintball

Get the chance to play paintball in Padova with ODR. Nov. 16, 10:30 a.m. – 5:30 p.m.

Rescue diver certification class

Get certified to be a rescue diver. The class will is Nov. 14-15. Cost of \$150 per person includes education materials, certification card, wetsuit, BCD, regulator and tanks.

DrySuit/nitrox certification class

Nov. 21-22 ODR will have a dry suit/ Nitrox scuba certification class:.

The cost includes education materials, certification card, transportation, checkout of wetsuit, regulator and tanks.

Ski/snowboard wax class

Nov. 26 from 5:30-7:30 p.m. ODR will have a ski/snowboard wax class. Cost is \$10.

Colli Berici bike ride

Bike ride the Colli Berici hills Nov. 22 from noon –3 p.m.



Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com.

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Community notes

Money and divorce

Money and Divorce in the military is a new service offered by Financial Readiness. These classes are for couples contemplating divorce. Husband and wife may attend separately or together. Look at finances before, during and after the divorce to avoid financial ruin. Call ACS to resigster 634-7500.

Breast feeding basics

Join breast-feeding basics with New Parent Support Program and the Vicenza Health Clinic the second Tuesday of the month, (except U.S. holidays) 9:30-11 a.m. The class will be in the New Parent Support living room in ACS.

Baby coming?

Are you expecting a child? Join New Parent Support Program in Bringing Baby Home for expectant parents. Learn what to expect whether this is your first child or not and prepare for your new arrival on Nov. 20, 3:30-5:30 p.m.

Stressed out

Learn basic relaxation techniques that will help you manage your stress. Join the morning session Nov. 19, 9–10 a.m. Call 634-7500.

Anger management

Know what triggers your anger and how to communicate it. Anger Management for adults Nov. 20 from 11:30 a.m. – 1 p.m., and Anger Management for children ages 6-12 Nov. 20, from 3:30–5 p.m.

What's your plan?

From volunteering to employment, learn what career

Nov. 13

Nov. 14

Nov. 15

Nov. 16

Nov. 19

Nov. 13

Nov. 14

Nov. 15

Nov. 16

Movie Schedule.

Traitor (PG-13)

College (R)

College (R)

Babylon A.D. (PG-13)

Babylon A.D. (PG-13)

Disaster Movie (PG-13)

The House Bunny (PG-13)

Babylon A.D. (PG-13)

Pride and Glory (R) (1st Run)

Admission: Age 12 and over \$4, under age 12, \$2.

The Ederle Theatre box office opens one hour prior to show time.

site: www.aafes.com, scroll to the bottom of the page and click on

Looking for the movie synopsis? Check out the AAFES Web

The House Bunny (PG-13)

Now Showing

Ederle Theater

Madagascar: Escape 2 Africa (PG)

Madagascar: Escape 2 Africa (PG)

Camp Darby Theater

path is right for you. Take the test based on you, your passions and personality. Apply the results to job opportunities and get a feel for them by volunteering in the community. Nov. 19, 3 – 4 p.m. Call ACS for details 634-7500.

Freddy FAP

Freddy FAP returns from Greece. Freddy FAP is Family Advocacy's world traveler who comes back with fun and educational activities and snacks for the entire family to enjoy. Nov. 19, 3-4:30 p.m.

Single Soldier parent

Are you a single soldier parent, or do you know someone who is? Get the skills to balance work and parenting on Nov. 21, 10-11:30 a.m.

Call Family Advocacy 634-7500 for details on classes tailored to single soldier parents.

Understanding insurance

Don't understand your insurance? Don't worry, you are not alone. Nov. 25, 9-10 a.m., Financial Readiness will help you understand your insurance and guide you in avoiding pushy agents you may run into.

Exceptional family members

The Exceptional Family Member program is getting together for their monthly roundtable. Share news, experiences and advice Nov. 25, 11 a.m.-noon at ACS.

Tension tamers

Is your child between the ages of 6 and 12? Learn ways you can reduce stress and improve your communication with Tension Tamers: Parent-

6 p.m.

6 p.m.

9 p.m.

3 p.m.

6 p.m.

3 p.m.

6 p.m.

6 p.m.

6 p.m.

6 p.m.

6 p.m.

2 p.m.

Child Stress Relief through imagination and breathing games, in addition to fun, physical activities on Nov. 26, 3-4:30 p.m.

Employment success

Make your employment successful during PCS CONUS for family members. Employment Readiness will guide you before you leave, during and after your transition on Dec. 3, 10:30–11:30 a.m. Call ACS 634-7500 for details and reservations.

Holiday mailing dates from Europe to CONUS

To ensure delivery of holiday cards and packages by Dec. 25, mail should be entered by the recommended mailing dates:

Nov. 28 – SAM (space available mail) parcels

Dec. 4 – PAL (priority airlift) parcels

Dec. 11 – Priority parcels

Dec. 11 – First class letters

Dec. 20 – Express mail

MOMS Club open house

Nov. 24, 11a.m.-1 p.m. chapel activity room.

Thanksgiving-style potluck.Lots of fun activities for the kids

For details email momsclubofvicenza@yahoo.com or call Amber at 0444-273-516

Try USO

Staying in Vicenza this Thanksgiving? Come and spend it with your USO family.

Plenty of food and fun for the whole family. OnxySide will be performing with two DJ's. Test your skills with a RockBand contest and Karaoke.

Chess night is now at the USO. Players of all skill levels are invited Wednesday nights from 6-8 p.m. Instruction available.

USO is always looking for volunteers. Sign up at the USO or by visiting www.myarmylifetoo.com. Call 634-7156 for more information.

Flea market

PTSA is sponsoring a flea market on Nov.15 in the high school gym from 10 a.m.-2 p.m. Come on by and find your treasure in someone's cast offs.

Get a JUMP on your childs development

Child Find is a community effort to offer screenings, evaluations, information and services to families and children. Families that are eligible for enrollment in DoDDS schools can contact the school to request a screening for their child 36 months and above.

The next Child Find screening day is Dec.3.

For a child between the ages of birth through 36 months call EDIS at 634-7471. For a toddler or preschooler above the age of 36 months please call 634-7710/7579 or 0444-71-7710.

National American Indian Heritage month

This year's theme is "Living in Many Worlds." The Equal Opportunity office and the Vicenza military community is sponsoring a cultural exchange event with the Boy Scouts on Nov. 25 at 4 p.m. in the Vicenza school cafeteria.

This event will provide an opportunity to deepen cultural understanding and embrace diversity. For more information call Master Sgt. Tamika Anderson at 634-7093.

Central Processing Facility notes

Soggiorno office hours of operation. The Soggiorno Office has resumed regular hours of operation. Customer service hours are from 9:00 am until 4:00 pm, Monday through Friday. The office is closed on Italian Holidays. Call Anita Buchanan, 634-8706/6996 or email anita.buchanan@eur.army.mil.

Levy briefing. The next community levy briefing is scheduled for Thursday, Nov. 20 at the CPF from 1:30-5:00 pm. Spouses are encouraged to attend with sponsors. Call 634-7370 or email Glenda.demma@eur.army.mil.

ID card office update. For all personnel needing an identification card you must bring with you two forms of identification. One form of identification must be a photo ID. Contact the ID card office for more specific details.

Newly married sponsors who must get their spouse added to DEERS/RAPIDS must have: 1) Original marriage certificate 2) Notarized copy of the spouse's driver's license or passport (when spouse is not present to enroll).

Call 634-8706/8352 or email anita.buchanan@eur.army.mil.

Marco Polo airport schedule

Due to the large number of personnel traveling over the holidays in order to better serve you we are asking everyone to sign up for shuttle services for travel from Nov. 15-30.

The sign up sheet is at the Central Processing Facility. Sign up to ensure you and your family have a seat on the shuttle. For more information call 634-8706/6996 or email anita.buchanan@eur.army.mil.

Religious activities

Caserma Ederle Chapel

Call the chapel at 634-7519 (0444-71-7519) for details on post religious activities.

Chaplain Crisis Line: speak with a chaplain af

To speak with a chaplain after hours call **634-KARE** (634-5273).

Saturday services

4p.m.: Sacrament of Reconciliation, or by appointment.

5 p.m.: Vigil Mass

Sunday Services

9 a.m.: Roman Catholic Mass Mass is held weekdays at noon.

9 a.m.: Protestant Sunday school and AWANAs (Sept. through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School)

11a.m.: Protestant worship 1:30 p.m.: Full Gospel Pentecostal worship

4 p.m.: Lutheran worship 6 p.m.: Contemporary Christian worship

Monday

Noon: LDS Scripture Study 3:05 p.m.: Middle School Club in the high school cafeteria. (October -May)

5:30 p.m.: High School Club in the Teen Center. (October-May)

For details contact Jocelyn Cary at 634-7890 or 349-385-3476 or *vicech@yahoo.com*.

Tuesday

9:15 a.m.: Protestant Women of the Chapel

Wednesday

Noon: Protestant Men of the Chapel Bible study (at DFAC)

5:30 p.m.: PWOC evening Bible study

Thursday

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts Islamic: Mohamed Noeman at 634-6306.

Jewish: Sandy Schoenberg at 634-6202 or sandy.

schoenberg@eur.army.mil. **Latter Day Saints** (*LDS*): Elder Openshaw, 334-665-6845 or Frank Petty at 634-3907/340-899-2218. Scripture study is held

Darby Chapel

For details call the chapel at: 633-7267 (50-54-7267).

9:40 a.m.: Catholic Reconciliation

Monday, noon-1 p.m.

10 a.m.: Catholic Mass 11:15 a.m.: Protestant worship

Beginning Oct. 5, Protestant Sunday school starts at 9:45 a.m. and Catholic CCD is at 11:15 a.m.

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All briefs must be received at e*ditor@eur.army.mil* noon *Monday*, or by Friday at 4 p.m. if Monday is a holiday.

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Chris Unger, Vicenza Mako Sharks, swims the breast stroke during the European Federation Swim League meet in Lignano, Italy.

Mako Sharks back in swim

Story and photo by Ann Gasparini

Special to the Outlook

The Vicenza Mako Sharks are churning up the water. On Nov. 8-9, the team participated in a European Federation Swim League double swim meet at the Junior Olympic Villagio GE TUR in Lignano, Italy.

Swim teams from Lakenheath, Stuttgart, Naples, Rota, Sigonella, Hohenfels and Bamberg traveled to Lignano to participate in this meet.

For the Mako team, this was the third and largest swim meet they have participated in this season. Out of the 10 teams competing, they took 7th place with just 20 swimmers.

The Naples team took first place with 52 swimmers.

Nov. 8, five members of the Mako team participated in the long distance championship meet, competing in the 800meter freestyle and the 400meter individual medley.

Nov. 9, the Aviano Sea Dragons hosted athletes in 40 swimming events including the breaststroke, freestyle, backstroke and butterfly.

Brussels EFSL coach, Peter Trummer said, "The Vicenza Mako Sharks swim team is the most impressive new team in the league."

Coaches Tiffany Tran-Ozuna and Arlana Young said that members of the team are working amazingly hard and constantly improving their strokes and their times. The coaches noted that the members

had really come together and improved quickly as a team. Already, two team members have swum fast enough to qualify for the league championship meet in Berlin, and several more are very close to qualifying.

The Vicenza team was being 50, 100 and 200-meter events in resurrected through the efforts of Cindi and Bob Unger and many parents and community members. The swim team had been a formidable force lost their coach in the spring of 2006 and lost their core parent volunteers and board through moves. The final blow for the team was when Caserma Ederle's indoor pool was closed leaving the team without a pool for practice.

The Mako Sharks is a private organization that is parent and community-supported. The

team is bussed to an Italian pool in Creazzo for practice threetimes a week. Expenses are high for this fledging team as they pay for pool time, a bus, league fees and travel costs.

Several fundraisers are planned over the next month, giving community members an opportunity to support the activities available in the Vicenza community. Look for the Mako Swim Team tables at the PTSA -sponsored flea market on Nov. 15 and then at the PX for giftwrapping before the winter holidays.

Remember what Michael Phelps said, "You can't put a limit on anything....the more you dream, the farther you get."

For more information call Tiffany Tran-Ozuna at 329-0343-188.

Cycling class

Wednesday, Nov. 19 there will be a Level-1 Brake Maintenance Class from 5:30 p.m. - 7 p.m. by ODR.

Cycling weekend

Join ODR Saturday and Sunday, Nov. 8-9 for a Level-1 weekend cycling maintenance class.

Colli Berici bike ride

Bike the Colli Berici hills Saturday, Nov. 22 from noon. - 3 p.m. with ODR.

Paintball

Get the chance to play paintball in Padova with ODR. Sunday, Nov. 16, 10:30 a.m. - 5:30 p.m.

Diving classes

Rescue diver scuba certification class begins Nov. 14-15 at 6:30 p.m. ODR will also have a dry Nitrox scuba certification class Nov. 21-22. The cost of classes includes education materials, certification card, transportation, checkout of wetsuit, BCD, regulator and tanks. Sign-up with ODR at 634-7453.

Honor our Warriors 5k fun walk/run

Signup at the Fitness Center to participate in the Honor our Warriors 5k walk/ run on Saturday, Nov. 15, 10 a.m.

Basketball free- throw competition

Nov. 21 the Fitness Center will host a Basketball free-throw competition. Sign up by Nov. 18.

CYS Services basketball and cheerleading

Enrollment for CYS basketball and cheerleading begins Nov. 10 and continues through Dec. 8.

The age cutoff is March 15 and health assessments must be valid through the season prior to registration.

For complete information on age limits and what you need to register your child call 634-7219.

Ski classes

Ski season begins this month so get your equipment ready. Join the ski/snowboard wax class Nov. 26, 5:30 - 7:30 p.m. 634-7453 for Call information.

SETAF Lions tie ASD Setteca' 1-1

By Lourdes Fernandez Outlook volunteer

The SETAF Garrison Lions tied ASD Setteca' 1-1 on Nov. 8. The Lions now have four points with three games played this season.

The SETAF soccer team has been playing since at least the late 70s. Coach Carl Kerr, a government employee and a former player who has been connected to the team for over 20 years, says that it is challenging to keep players because Soldiers move and deploy, creating constant change in the team's roster. The team is currently rebuilding after the last wave of deployments and moves.

Soldiers and contractors from Caserma Ederle practice twice-a-week and play once-aweek against different Italian teams in the Vicenza region. They also participated in the USAREUR tournament in Germany.



Alberto Stocco, Amatori Setteca' player, No. 9, tries to score but Andrew Myers, SETAF Lions goalie, stops his penalty kick with a diving save. (Photo by Laura Kreider, Outlook Staff)

Igor Brunello, a contractor and member of the team for the last six years, says that he likes playing for the Lions because his teammates truly enjoy the game. He and other Italian players help the team communicate with the league.

Staff Sgt. Wilmer Aguilar, team captain, coordinates games and practice time. His wife,

Jennifer, provides logistical support for the team. She enjoys helping the team because the players are volunteers who dedicate a lot of time to practice and who play because they love soccer.

New members are always welcome to join the Lions. Practice is every Tuesday and Thursday at 7 p.m. in the field behind the Ederle Inn. The season runs from October through May. The next game is scheduled for Nov. 12 at 9 p.m. against CSI GS Pigafetta.

To check on the schedule standings visit www.csivicenza.it/discipline/ classifica/5/girone-b.html.

For more information contact wilmer.aguilar@eur.army.mil.

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